

### **13 Table. Burning Mouth and Common Mouth Lubricants**

#### **A. Burning Mouth Syndrome**

In some patients, the symptoms of burning mouth are disproportionate to the amount of observed dryness. In these patients, low grade oral yeast infection must be ruled out. In particular, look under the dentures for erythematous candida infection.

In other patients, “burning” mouth syndrome may represent a local neuropathy. The use of neurontin may be helpful in some patients. Other options include the topical use of clonazepam (.5 mg dissolved in 2 ml of water) and used as a mouth rinse twice daily.

#### **B.. Common Products used for dry mouth**

Biotene Mouth Rinse

Biotene Mouth Spray

Biotene Toothpaste

Biotene Gum

Oral Balance Gel (especially at night time)

Oasis Oral Spray

Mouth Kote Oral Spray

Rain Spy Dry Mouth Spray

Thayer Dry Mouth Spray

Farley’s Throat Spray

Orahealth Mints

Numoisyn Lozenges

SalivaSure Lozenges

These products are readily available at many retail stores and can be purchased on-line at sites such as [www.amazon.com](http://www.amazon.com).