

11 Table TOPICAL ANTIFUNGAL DRUGS¹ FOR TREATING ORAL CANDIDIASIS

Drug and form Dose

Nystatin vaginal tablets-

- each 100,000 units
- Use 2-4 tabs/day
- Since nystatin has a medicinal taste, may dissolve each tablet slowly in mouth using sips of water over about 5-10 minutes, may sip with water sweetened with nutrasweet as necessary to aid dissolution;
- Treatment may take 4-6 wks to prevent recurrence
- Partial or complete dentures must be removed during this application to permit access of the drug to all mucosal surfaces.

Clotrimazole vaginal tablets

- each tab 100mg
- 1/2 tablet, b.i.d.
- Dissolve slowly in mouth, using same method as for
- Nystatin vaginal tablets³. This method is often used if there has been inadequate response to nystatin.

Nystatin cream 10,000 U/gram

- particularly useful if patient has angular cheilitis
- must use 2-3 times/day at same time as treating oral yeast with nystatin or chlortrimazole as described above

Nystatin topical powder

- 100,000 U/gm
- use 2 times/day for treatment of dentures
- Apply a fairly even coating to fitting surface of a clean, moistened denture;
- this supplements other intraoral antifungal drugs and may be helpful in maintenance therapy

Dentures must be treated separately

- Dentures may be soaked in chlorhexidine (after checking that this will not discolor the product)
- Nystatin powder can be added to the liquid for overnight soaking (1/4 teaspoon)
- The denture must be brushed with the nystatin and chlorhexidine to ensure removal of residual candida